



TRTA Newsletter

Published for the Trumbull Chapter of the Ohio Retired Teachers Association

November 2022

Volume XIII, Number 6

TRTA General Meeting Dates:

December 13 every other month on the second Tuesday, 12:00 Noon, at **Ciminero's Banquet Centre**, 123 N. Main St., Niles, Ohio 44446. Future meeting dates are Feb. 14, Apr. 11, June 13, Aug. 8, Oct. 10, and Dec. 12.

Program Our December program will be a holiday celebration

Hospitality: *Mary Fuller, Chairperson*
"Winter is not a season; it's a celebration" writes Anamika Mishra. Our December décor will celebrate the joy of Christmas and the beauty of freshly fallen winter snow.

Collected at all meetings: Cancelled and **trimmed** stamps, cell phones, eyeglasses, hearing aids, and yarn. No candle wax or pill bottles please!

Mailing Meetings

Please consider helping with the mailings during 2023 on the third Tuesday of every other month, Jan., March, May, July, Sept., and Nov. at 9 a.m. at St. Paul Lutheran Church, Warren.

Foundations Financial Update:

See a list of donors on our webpage.

From our President, Marilyn Stanton

First, I want to wish all of you a Happy Thanksgiving. It's hard to believe that the holiday season is upon us.

Cindy Harris and I attended the ORTA Northeast Ohio Regional Presidents' Meeting on September 26. We listened to speakers from ORTA, STRS and AMBA. The afternoon featured chapter exchange of ideas. According to Carol Kinsey, our NE liaison, the most exciting and popular idea of the day was the way we surprise our teacher grant winners in their classroom.

On October 12 Denise Deltondo and I attended the 75th anniversary reception for ORTA. We listened to several speakers, and a certificate recognizing ORTA's 75 years was presented by Ohio State Senator Teresa Fedor.

Finally, there is good news for those of you enrolled in the health care plan through STRS. The STRS board voted to pay a \$600 premium rebate to current enrollees, including spouses and dependents. This will be paid in the December checks. Also, the board approved even lower premiums than had been approved in June.

"Bake It or Make It" Sale

Thank you for your generous contributions of baked goods, crafts, and all additional homemade items for our "Bake It or Make It" Sale. We had a profit of \$715.00. The proceeds will be used for our four Teacher Grants during the 2022-23 school year.



Treasurer's Report, October 31, 2022

Checking account balance \$4,751.32

Savings account balance \$8,534.98

Community Foundation-Scholarships \$9,629.57

You may view the detailed treasurer's report on the TRTA website: <https://trumbullrta.wixsite.com/trta>

Bosco Community Day

The purchase of the Bosco Community Day coupons netted \$\$705.00 which will be divided between TRTA Scholarships and Teacher Grants. Thank you for your support.

TRTA Lifelines

Volume XI, No. 6 compiled by Carol Hart



Staying Healthy

As we age, our immune systems are not as effective as they were when we were younger. There is no set age when immunity decreases. Stay on top of your health by keeping a disease like diabetes well controlled. Get more sleep. Try to reduce stress in your life as increased stress affects immunity. Steer clear of sick people. Move more often as moderate exercise makes the immune system stronger. Eat a healthy diet. Don't smoke. (webmd.com/healthy-aging/guide/seniors-boost-immunity)

Turkey Talk

Ben Franklin campaigned for the turkey to serve as our national bird. He felt the turkey by comparison with the eagle "was a more respectable bird . . . and a true native of America." A domestic tom turkey can weigh up to 50 pounds; a domestic hen turkey, only 16 pounds. The average life span of a wild turkey is three or four years. The domestic turkey lives about 26 weeks from birth to freezer. (*The Old Farmer's Almanac/Almanac.com*)

Membership



Luanne Hite, Gretchen LaLiberte, Chairpersons; Dave Ambrose, Dues Coordinator

We now have 382 TRTA members. Joyce Mahan has upgraded her TRTA status to a Life Membership. Thanks, Joyce. Janice Gruver has joined us as a returning member. There are 61 members who pay their dues annually who have not yet renewed for 2023. Two of our members have already paid their 2023 dues.

Membership Dues for 2023. Dues for 2023 need to be renewed before December 31, 2022, unless you are a life member. Remember, if you have paid \$20 for 2022, you can upgrade to a life membership for only \$130. The deadline is December 31; after that, life member dues will return to \$150. If you are not sure of your membership status, check the address label on your newsletter. Dave Ambrose will begin collecting 2023 dues at the December luncheon.

Temporary, Permanent and Snowbirds

Whether you are changing your address temporarily, permanently, or you are a Snowbird, please contact Dave Ambrose with your new address. Email: dambrose1@neo.rr.com, Phone: 330-647-3666, or Address: 2740 Atlantic Street NE, Warren, Ohio 44483.

OUT-OF-TOWN ADDRESS, 2022-2023

Member: _____

Street: _____

City: _____ State: _____ Zip: _____

Months you will be at this address: September November January March May July

____ Send to my snowbird address. ____ Do not send when I am at my snowbird address.

Please note: If your plans change, inform Dave to make database adjustments.

Luncheon Reservation Tuesday, December 13, 2022

12:00 Noon at Ciminero's Banquet

Centre

Please make reservations by December 1, 2022

Member Name: _____ Guest Name: _____

TRTA Member's District of Retirement: _____ Phone number: _____

Email: _____

_____ Lunch(es) @ \$15.00 = _____

Scholarship Donation: _____

Teacher Grant Donation: _____

Total Enclosed: _____

If you make a reservation and are unable to attend, regretfully there can be no refunds or carry overs for the next meeting as TRTA has to pay Ciminero's for the lunches ordered.

A RESERVATION IS REQUIRED; NO WALK INS. Thank you for your understanding.
Social distancing rules will follow state guidelines.

The recipient of the free lunch for the December meeting is Linda Webb.

Make one check payable to TRTA.

Send this form to:

Dave Ambrose
2740 Atlantic St. NE
Warren, OH 44483-4426
330-647-3666

Membership Dues (Please check the appropriate box)

Name _____ as you want it to appear on your luncheon name tag.

Email _____ Phone Number _____

_____ \$20 TRTA Annual Membership

_____ \$150 TRTA Life Membership

Please return this application form and check payable to TRTA in the amount of \$ _____

to Mr. Dave Ambrose, Financial Secretary, 2740 Atlantic St. NE, Warren OH 44483-4426 Questions? Contact Dave. Email: dambrose1@neo.rr.com Phone: 330.647.3666

- () Please create a TRTA membership card for me.
- () Receive at the next membership luncheon.
- () Mail to my current address.

Community Service, Jeannie Morello, Chair

We will collect donations for Second Harvest Food Bank at our December meeting.

2022 Volunteer Hours—January through December 2022.

Please include all areas where you volunteer—church, schools, hospitals/nursing homes, food pantries, libraries, etc.

Name _____ Grand Total of Volunteer Hours (actual or estimated) _____

Return this form by December 15, 2022 to Jean Morello 290 Dakota Avenue, McDonald, OH 44437 or bring it to the December meeting or email more290@zoomnet.net.

TRTA
2740 Atlantic St. NE
Warren, OH 44483-4426

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Scholarship, Vickie Janik

Our 2023 online scholarship information will be posted on the Community Foundation's website. If any member knows a Trumbull County high school senior or a Kent State Junior or Senior majoring in Education, have them apply for the TRTA scholarship at cfmv.org beginning the third week of January 2023. The deadline to apply is March 1, 2023. Please *S P R E A D* the word! Thank you.

Beware of Email Scams, Sue Datish

There are lots of email scams. Personally in the last week I have received suspicious emails from "friends" asking me to look at pictures or from my antivirus software providing a receipt for an item I did not purchase. Sometimes you will receive an email from a friend asking you to purchase a gift card for them. Look closely at their email name. For example, my official email is suedat@gmail.com. The scam email may closely resemble mine and be something like suedat@hotmail.com. It is so easy to miss! Look carefully at emails and do not send money or click links unless you are sure that it is legitimate. Whenever TRTA sends an email, it is in a familiar format and does NOT list the emails of other members.

EMAIL ADDRESS Let Dave know if you have added or changed your email address; the TRTA board uses email to send important information between newsletters. Email: dambrose1@neo.rr.com. If you prefer to read the TRTA newsletters online and avoid printed versions, notify Dave.

Web Address: <https://trumbullrta.wixsite.com/trta>—Follow Trumbull Retired Teachers Association on Facebook. Please email comments or corrections for the TRTA Newsletter to Cindy Harris, Editor, at cindyharris513@gmail.com.