



# TRTA Newsletter

Published for the Trumbull Chapter of the Ohio Retirement for Teachers Association

January 2024

Volume XV Number 1

## TRTA General Meeting Dates:

Feb.13, April 9, June 11, August 13, October 8, December 10, 2024.

Every other month on the second Tuesday, 12:00 Noon, at **Ciminero's Banquet Centre**, 123 N. Main St., Niles, Ohio 44446

**Program:** Chris Cerenelli, WFMJ Anchor, will present "On A Typical Day in the Newsroom".

**Hospitality:** Mary Fuller, Chairperson "Winter, a lingering season, is a time to gather golden moments, embark on a sentimental journey, and enjoy every idle hour." ~John Boswell Winter beauty and cozy pastimes will be featured in our lunch decorations.

## Collected at all meetings:

Cancelled and **trimmed stamps**, cell phones, eyeglasses, hearing aids, and yarn. No candle wax or pill bottles!

## Foundation Financial Update:

See a list of donors on our webpage.

## Mailing Meetings:

Won't you please consider joining us to help with the mailing at 9 a.m. at St. Paul Lutheran Church, Market St., Warren, on January 16, March 19, May 21, July 16, September 17, and November 19.

## From our President, Cindy Harris:

I would like to wish you a very Happy, Healthy New Year filled with peace. I am honored and humbled to begin serving as the TRTA president. Special thanks to Marilyn Stanton for her service as president. Also, thanks to the officers and committee members for their work and commitment to TRTA throughout 2023. As I sat with program speakers during the last two years, each one remarked about the number of members and service activities our organization maintains. None of it is possible without each of you.

A special note to our recent Trumbull County Retirees. We hope you are enjoying and finding interesting the TRTA Newsletter that is currently mailed to each of you. While we are a vital organization with numerous community services and outreaches, one of the best opportunities is meeting and reacquainting with fellow teachers. The smiles, stories and "remember when" at our meetings add to the delicious Ciminero's luncheons and wonderful programs. Please consider joining us; we would love to welcome you.

## Teacher Grants, Diana Bauman and Cindy Harris

Four \$500 Teacher Grants were awarded on December 19 to the following teachers: Zachary Davis, Joseph Badger Schools; Denise Mijavec, Bristol Local Schools; Maggie Little, Bristol Local Schools; and Samantha Miller, Champion Local Schools. We were able to surprise our awardees with the assistance of their principals. They will share their grant projects at our August General Membership Meeting. These very much appreciated grants would not be available without your support of the Make It/Bake It Sale, Community Foundation and Luncheon Reservation contributions. Thank you!



## Treasurer's Report, December 31, 2023

Checking account balance \$3,669.06

Savings account balance \$6,042.25

You may view the detailed

<https://trumbullrta.wixsite.com/trta>

treasurer's report on the TRTA website:



## TRTA Lifelines



### Winter Health and Wellness

Plan for winter health by getting a flu shot, staying active indoors (try chair yoga), cooking healthy one-pot meals, socializing with loved ones, and wearing layers indoors because we find ourselves feeling colder as we age. Additionally, seniors should wear shoes with non-skid soles that offer the necessary amount of traction for winter conditions. They should avoid going outside until snow and ice have been cleared from walkways, and avoid going out after dark when re-freezing is more likely to occur. ([scrippsamg.com](http://scrippsamg.com))

### Physical Activity in the Winter

Even in the gloomy days of winter, it is important to get some physical activity. We learned a few new things during the pandemic, like seeking out a virtual exercise class or watching online videos. Schedule some movement into the day, even walking up and down the steps inside your home or walking a hallway. Get up and walk during a TV commercial. Use cans of soup or water bottles as weights. ([mayoclinichealthsystem.org](http://mayoclinichealthsystem.org))

### Interesting Winter Facts

Plenty of animals tuck away food for the winter, including red squirrels, who prepare a particularly unique snack to enjoy when the temperature drops. Along with storing seeds and nuts, the culinarily inclined critters dry out mushrooms in trees to make what National Geographic describes as "hand-made artisanal conifer-dried mushroom jerky."

Do you find that you're hungrier when it's cold outside? That's because when it's cold, your body needs to work harder to keep your temperature at a comfortable level, which requires more energy to burn. To supply that extra energy, your body needs more calories, and that means you might notice an increase in your appetite. ([bestlifeonline.com/winter-facts](http://bestlifeonline.com/winter-facts))

### Community Service, *Jeannie Morello*

At our February meeting, we will collect for Akron Children's Hospital. Your donations of new coloring books, crayons, and story books are appreciated. We collected \$743.00 at our December Meeting for Second Harvest Food Bank. Thank you for your generosity.

### Necrology, *Denise Deltondo*

In February we will remember those we've lost since our memorial service last year. The following people will be memorialized: Ruth Evelyn Parker, Margaret H. Brocken, Jean Y. Morningstar, Mary J. Troughton, Marilyn G. DeCesare, Eileen Hazel, Rose Angela Moran Lubert, Elaine L. Pickens, Deborah A. Davis, Ruby J. Hawkins, Michelle Gall, John M. Janosik, David W. Ambrose, May B. Hicks, Doris Mathews, Donald W. Byo, L. Lorraine Bell, Dorothy B. Gray, and Peggy A. Cline. If you know of a deceased TRTA member who is not listed, please call me at 330.530.4011. Thanks.

### Scholarship, *Vickie Janik*

Applications for the TRTA scholarship will be open on January 8, 2024. The scholarship is open to any Trumbull County public high school senior or any junior or senior college student who graduated from a Trumbull County public high school. The student should be majoring in education or an education-related field. The website to apply is [CFMV.org/scholarships](http://CFMV.org/scholarships). The deadline to apply is March 1, 2024.

### Legislation, *Jeff McClain and Denise Deltondo*

A full legislative report was distributed at our December meeting. There are two additional bills that may be of interest to you. Thus far they have both had three hearings.

- **HB263 Property Tax Freeze** which would authorize a property tax freeze for certain owner-occupied homes (Isaacsohn D, Hall T)
- **HB274 Property Tax Homestead Exemption** which would authorize an enhanced property tax homestead exemption for certain long-term homeowners (Mathews A, Dell'Aquila R)

## Luncheon Reservation Tuesday, February 13, 2024

12:00 Noon at Ciminero's Banquet Centre

**Please make reservations by February 1, 2024**

Member Name: \_\_\_\_\_ Guest Name: \_\_\_\_\_

Phone number: \_\_\_\_\_ Email: \_\_\_\_\_

\_\_\_\_\_ Lunch(es) @ \$16.00 = \_\_\_\_\_

Scholarship Donation: \_\_\_\_\_

Teacher Grant Donation \_\_\_\_\_

Total Enclosed: \_\_\_\_\_

If you make a reservation and are unable to attend, regretfully there can be no refunds or carry overs for the next meeting as TRTA has to pay Ciminero's for the lunches ordered.

**A RESERVATION IS REQUIRED; NO WALK INS.** Thank you for your understanding.

Social distancing rules will follow state guidelines.

The recipient for the free February lunch is \_\_\_\_\_.

**Make one check payable to TRTA.**

**Send this form to:**

Linda Cowin  
PO Box 152  
Leavittsburg, OH 44430

Phone: 330.399.1448



### Membership Dues

Please look at your address label to see if you owe dues. There is a line for membership status. If you owe, it says "Final newsletter, Dues are past due". Please note that this is your final newsletter until the 2024 dues are paid.

### Membership Dues (Please check the appropriate box)

Name \_\_\_\_\_ as you want it to appear on your luncheon name tag.

Email \_\_\_\_\_ Phone Number \_\_\_\_\_

\_\_\_\_ \$20 TRTA Annual Membership

\_\_\_\_ \$150 TRTA Life Membership

**Please return this application form and check payable to TRTA in the amount of \$ \_\_\_\_\_ to:**

Linda Cowin, Financial Secretary

PO Box 152

Leavittsburg, OH 44430

Questions? Contact Linda Cowin Email: LSMC50@aol.com or Phone: 330.399.1448.

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**Membership, Luanne Hite, Gretchen LaLiberte, Co-Chairs**

As of January 2, 2024, there are currently 364 TRTA members. There were 52 new Trumbull County teacher retirees in 2023 and numerous previous retirees from years past who might be ready to join us at TRTA. It is often suggested in our newsletter to invite retirees to one of our luncheons so they can see us in action. Subsequently, the membership committee has been sending the new retirees the TRTA newsletter for the past two months to give them a preview of what TRTA does for retirees as well as supporting teachers still in the classroom. Sending this newsletter allows you the opportunity to call retirees you may know and invite them to the luncheon.

**TEMPORARY or PERMANENT ADDRESS CHANGES**

**Temporary, Permanent, and Snowbirds**

Whether you are changing your address temporarily, permanently, or you are a snowbird, please contact Sue Datish with your new address. Email: [suedat@gmail.com](mailto:suedat@gmail.com), Phone (330)719-1978, or address to 1457 Henn Hyde Road, Warren, Ohio 44484.



**EMAIL ADDRESS** Let Sue Datish know if you have added or changed your email address; the TRTA board uses email to send important information between newsletters. Email: [suedat@gmail.com](mailto:suedat@gmail.com).

**Web Address:** <https://trumbullrta.wixsite.com/trta>—Follow Trumbull Retired Teachers Association on Facebook. Please email comments or corrections for the TRTA Newsletter to Cindy Harris, Editor, at [cindyharris513@gmail.com](mailto:cindyharris513@gmail.com).